Deborah M. Burke-Allen

REGISTERED PHARMACIST

CONTACT

LOCATION
Charlotte, North Carolina
Open to remote or hybrid

PHONE
(704) 651-8222

EMAIL
bridgestowellness@icloud.com

LICENSURE

Registered Pharmacist
North Carolina
NC Board of Pharmacy
License #14013
Issued under Deborah M. Allen

AT A GLANCE

25+ yrs	licensed pharmacy and healthcare practice
15 yrs	high-volume pharmacy practice
3	MD, DO, and NP mentorship cohorts
6-hour	CE program taught across Carolinas districts

ROLE STRENGTHS

CORE EXPERTISE

Pharmacist in Charge
Drug Utilization Review
Medication Therapy Optimization
Medication Safety
Pharmacy Compliance

EXECUTION AND DELIVERY

Inventory Management
Staff Training
Patient Counseling
Prior Authorization
Prescriber Communication

PHARMACY LEADERSHIP | MEDICATION SAFETY | PATIENT CARE

Registered pharmacist with an active North Carolina license and 25+ years in pharmacy and healthcare. Spent 15 years in high-volume pharmacy practice at Target: opened the Stonecrest pharmacy as Pharmacy Manager, then directed staff, workflow, and inventory as pharmacist in charge on manager-off shifts. From 2015 to 2026, reviewed complex medication and supplement regimens in an integrative practice, weighing how each therapy acts across the body's interconnected systems.

HOW I MEET YOUR REQUIREMENTS	
PHARMACY LEADERSHIP	Opened Stonecrest as Pharmacy Manager; led Y2K readiness.
PHARMACY OPERATIONS	Pharmacist in charge: technicians, workflow, inventory.
DRUG UTILIZATION REVIEW (DUR)	Evaluated prescriptions for interactions, allergies, and dose.
DRUG-SUPPLEMENT INTERACTIONS	A decade reviewing medication and supplement regimens.
PRIOR AUTHORIZATION	Resolved PAs and commercial and Medicaid claim rejections.
STAFF TRAINING	Cross-trained staff; taught a 6-hour Carolinas CE program.

Professional Experience

INFINITE HEALTH PLLC / HEALTHY KIDS, HAPPY MOMS

2015 - MAY 2026 | CHARLOTTE, NC

Integrative Pharmacist, Clinical Education and Healthcare Strategy
Practice Development Lead

- Reviewed medication and supplement regimens for drug-drug, drug-supplement, and drug-nutrient interactions, allergies, duplications, and appropriateness, often for medically complex patients on multiple therapies.
- Used lab results and patient-reported symptoms to monitor therapy effectiveness and recommend adjustments to the physician.
- Resolved medication and lab authorizations and coverage barriers, coordinating among patients, prescribers, labs, and pharmacies.
- Built the practice's clinical systems and protocol guides, then trained staff and practitioners to apply them consistently.
- Led three twice-monthly practitioner mentorship cohorts for MDs, DOs, and NPs: case review, medication and supplement education, and test interpretation.
- Led the HelloHealth-to-Elation EHR migration, including clinical templates and coordination of outside lab data, and championed early adoption of Hint Health.
- Led development and scaling of a private-label supplement line of 25 formulations, generating about **$360,000 a year**, from formula selection and sourcing to final label approval.
- Documented a reformulated product's likely loss of efficacy; the manufacturer restored its original formula.

Deborah M. Burke-Allen, RPh | Charlotte, NC | (704) 651-8222 | bridgestowellness@icloud.com
linkedin.com/in/integrativepediatricpharmacist | deborahburkeallen.github.io

Deborah M. Burke-Allen

REGISTERED PHARMACIST

PROFESSIONAL PHILOSOPHY

> *Great pharmacy care is a team sport: precision on every order, composure under pressure, and the patient at the center of every decision. I trained my teams to hold all three, shift after shift.*

EDUCATION AND LICENSURE

ALBANY COLLEGE OF PHARMACY
Bachelor of Science in Pharmacy

REGISTERED PHARMACIST
North Carolina
License #14013
Issued under Deborah M. Allen

MAPS 2024
Functional and Integrative Care

GENETIC SNPS AND EPIGENETICS
Seeking Health / Dr. Ben Lynch
2017 - 2018
StrateGene report presentation

PLATFORMS AND TOOLS

PDX pharmacy system, Lexidrug, Clinical Pharmacology, UpToDate, Natural Medicines, Epocrates, Medscape, PubMed, Elation EHR, Hint Health, Microsoft Office (Excel), Google Workspace, Claude, ChatGPT, and Perplexity

PHARMACY AND PRACTICE

Prescription Verification
Drug-Supplement Interactions
Third-Party Claims Resolution
Technician Supervision
Telehealth Workflows

WORK PREFERENCES

Full-time preferred
Open to contract-to-hire

Professional Experience

CONTINUED

TRANSFORMATION ENZYME CORPORATION — 2014 - 2015

Clinical Education and Provider Support Specialist

- Built and delivered national clinician training that translated enzyme and nutrition science into practical guidance.
- Supported clinicians with product, protocol, and implementation questions; identified recurring knowledge gaps and developed education to address them.

TARGET PHARMACY — 1998 - 2013 | CHARLOTTE, NC

Supervising Pharmacist (Pharmacy Manager), 1998 - 2000
Pharmacist, 2000 - 2004; District Relief Pharmacist, 2004 - 2008
Staff Pharmacist, 2008 - 2013

- Opened the Stonecrest Target pharmacy as its Pharmacy Manager and led Y2K readiness for its systems, records, and workflows.
- As pharmacist in charge on manager-off shifts, directed technicians, workflow, staffing, and inventory, and cross-trained staff to absorb prescription surges.
- As a certified patient-counseling trainer, taught a 6-hour continuing-education program to pharmacists across Carolinas districts.
- Evaluated prescriptions for safety and interactions, including allergies, duplicate therapy, and dosing; counseled patients on their medications.
- Resolved commercial and Medicaid claim rejections at the point of sale and coordinated prior authorizations with prescribers, reviewing covered alternatives and explaining options to patients.

WEGMANS FOOD MARKETS — 1994 - 1997

Pharmacy Intern

Selected Speaking and Education

Signature topic: The Interconnected Body - How the gut, immune, nervous, endocrine, and metabolic systems influence one another, and how nutrition, medications, and supplements act across them all

Signature topic: Pediatric Immune Resilience - Healthy cell, healthy gut, healthy child: immune-resilience science in practice

Personalized Lifestyle Medicine Institute - Pediatric Immune Resilience with Drs. Bland and Lustig, 2022

AHEC Gerontology Conference - Integrative pharmacy education, 2019

Transformation Enzyme Therapy Conference - HCP clinical education, 2019

Evolution of Medicine / Functional Forum - Functional medicine education, 2018

U.S. Department of Veterans Affairs - Pediatric Immune Resilience for clinicians

WHAT I BRING TO YOUR TEAM

Fifteen years of careful prescription review, a decade of untangling complex medication and supplement regimens, and a trainer's calm on the busiest shifts. Your patients get a pharmacist who sees how every therapy connects.

Deborah M. Burke-Allen, RPh

REGISTERED PHARMACIST | NC LICENSE #14013 (ISSUED UNDER DEBORAH M. ALLEN)

Clinical and Dispensing Pharmacy

PHARMACY LEADERSHIP | MEDICATION SAFETY | RETAIL, OUTPATIENT, AND LONG-TERM CARE ROLES

Why Deborah Fits Clinical and Dispensing Pharmacy Roles

Deborah is a registered pharmacist with 25+ years in pharmacy and healthcare. At Target, she opened the Stonecrest pharmacy as Supervising Pharmacist (Pharmacy Manager), then directed staff, workflow, and inventory as pharmacist in charge on manager-off shifts through 2013. A certified patient-counseling trainer, she also taught a 6-hour continuing-education program to pharmacists across Carolinas districts. From 2015 to 2026, she reviewed complex medication and supplement regimens in an integrative practice, weighing how each therapy acts across the body's interconnected systems.

25+ YEARS	15 YEARS	3	ACTIVE RPH
pharmacy and healthcare practice	high-volume pharmacy practice	clinician mentorship cohorts	NC #14013, under Deborah M. Allen

Typical Responsibilities: How Deborah Delivers

PHARMACY LEADERSHIP AND TRAINING

Lead and supervise pharmacists, technicians, and support staff

RELEVANT EXPERIENCE

Led the Stonecrest pharmacy team as Supervising Pharmacist (Pharmacy Manager) from 1998 to 2000, then directed technicians, workflow, staffing, and inventory as pharmacist in charge on manager-off shifts through 2013.

Build and stabilize a pharmacy team and its operations

DIRECT EVIDENCE

Opened the Stonecrest Target pharmacy as its Pharmacy Manager and led Y2K readiness across its systems, records, and workflows.

Train and develop staff

DIRECT EVIDENCE

Cross-trained team members to absorb prescription surges, taught a 6-hour continuing-education program to pharmacists across Carolinas districts, and trained staff and practitioners on clinical protocols at Infinite Health.

MEDICATION SAFETY AND CARE COORDINATION

Verify orders for interactions, allergies, duplicate therapy, and dosing

DIRECT EVIDENCE

Evaluated prescriptions across 15 years of high-volume practice, checking drug interactions, allergies, duplicate therapy, dose, and appropriateness.

Monitor labs and therapy response

DIRECT EVIDENCE

Used lab results and patient-reported symptoms for a decade at Infinite Health to monitor therapy and recommend adjustments to the physician.

Communicate with prescribers, nurses, and patients

DIRECT EVIDENCE

Worked with prescribers on prior authorizations, commercial and Medicaid rejections, and covered alternatives for 15 years and counseled patients on medications; later mentored nurse practitioners alongside MDs and DOs.

Deborah M. Burke-Allen, RPh

CLINICAL PHARMACY

Common Qualifications: Met and Exceeded

Pharmacy degree and active North Carolina pharmacist license	DIRECT EVIDENCE Bachelor of Science in Pharmacy, Albany College of Pharmacy and Health Sciences. Active North Carolina RPh license #14013, issued under Deborah M. Allen.
Pharmacist experience (typically one to three years)	EXCEEDS REQUIREMENT More than 25 years in pharmacy and healthcare against the one to three typically requested, including 15 in high-volume dispensing.
Supervisory or leadership experience	DIRECT EVIDENCE Served as Supervising Pharmacist (Pharmacy Manager) from 1998 to 2000, then as pharmacist in charge on manager-off shifts through 2013. Later led an EHR migration and three clinician mentorship cohorts.
Older adults and complex regimens	RELEVANT EXPERIENCE Presented integrative pharmacy education at the AHEC Gerontology Conference (2019) and spent a decade reviewing complex medication and supplement regimens for patients on multiple therapies.
Long-term care or remote order verification (some roles)	QUALIFICATION CONTEXT Her core skills transfer directly: 15 years of high-volume order verification and drug utilization review in retail, plus a decade reviewing complex, multi-therapy regimens in outpatient care.
Sterile compounding or IV admixture (some roles)	QUALIFICATION CONTEXT Has not yet performed sterile compounding or IV admixture and welcomes the training. Brings the precision both demand: 15 years of accurate order verification, plus Certificate of Analysis and lot-record review.

What Deborah Brings to Your Team

- Pharmacy leadership from 15 years at Target: Pharmacy Manager, then pharmacist in charge on manager-off shifts.
- Thorough prescription review and clear communication with prescribers, nurse practitioners, and patients.
- Drug-supplement and drug-nutrient insight from a decade of reviewing complex medication and supplement regimens.
- Training skill proven with pharmacy staff, Carolinas pharmacists, and physician and NP mentorship cohorts.
- Retail-proven verification skills, ready for remote, outpatient, or long-term care pharmacy.

Experience Chronology

Infinite Health PLLC / Healthy Kids, Happy Moms (2015 - May 2026)
Transformation Enzyme Corporation (2014 - 2015) | Target Pharmacy (1998 - 2013) | Wegmans (1994 - 1997)

Charlotte, NC | Remote or hybrid | Full-time preferred, open to contract-to-hire
(704) 651-8222 | bridgestowellness@icloud.com | linkedin.com/in/integrativepediatricpharmacist
deborahburkeallen.github.io | NC RPh #14013 (issued under Deborah M. Allen)