Deborah M. Burke-Allen

REGISTERED PHARMACIST

CONTACT

LOCATION
Charlotte, North Carolina
Open to remote or hybrid

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bridgestowellness@icloud.com

LICENSURE

Registered Pharmacist
North Carolina
NC Board of Pharmacy
License #14013
Issued under Deborah M. Allen

AT A GLANCE

25+ yrs	pharmacy and healthcare
15 yrs	pharmacy-side PA and claims
10+ yrs	clinical workflow design
3	practitioner mentorship cohorts

ROLE STRENGTHS

CORE EXPERTISE

Prior Authorization (PA)
Drug Utilization Review (DUR)
Formulary Alternatives
Medicaid Claim Rejections
Pharmacy Benefit (PBM) Claims

EXECUTION AND DELIVERY

Clinical Documentation
Prescriber Communication
Patient Counseling
Care Coordination
Pharmacy Compliance

Deborah M. Burke-Allen, RPh | Charlotte, NC | (704) 651-8222 | bridgestowellness@icloud.com
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PRIOR AUTHORIZATION | DRUG UTILIZATION REVIEW | MEDICAID

Registered pharmacist with 25+ years in pharmacy and healthcare and an active North Carolina license. Brings prior authorization experience from both the dispensing pharmacy and the prescriber's office. For 15 years in high-volume practice, evaluated prescriptions for safety and interactions, resolved Medicaid and commercial claim rejections through formulary alternatives, and coordinated prior authorizations with prescribers. Then spent a decade managing prior authorizations, medication rejections, and lab claim denials, with their clinical documentation, in an integrative practice.

HOW I MEET YOUR REQUIREMENTS	
PRIOR AUTHORIZATION	Resolved pharmacy-side PAs with prescribers for 15 years.
PHARMACY BENEFIT CLAIMS	Resolved Medicaid and commercial claim rejections.
FORMULARY ALTERNATIVES	Kept patients on therapy with covered alternatives.
DOCUMENTATION	Clinical rationale for medication and lab authorizations.
DRUG UTILIZATION REVIEW (DUR)	Screened prescriptions for interactions, allergies, and dose.
CLINICAL RESOURCES	UpToDate, Lexidrug, Clinical Pharmacology, and PubMed.

Professional Experience

INFINITE HEALTH PLLC / HEALTHY KIDS, HAPPY MOMS

2015 - MAY 2026 | CHARLOTTE, NC

Integrative Pharmacist, Clinical Education and Healthcare Strategy Practice Development Lead

- Managed prior authorizations, medication rejections, and lab claim denials from the prescriber's office, ensuring the clinical documentation supported each request.
- Led cross-functional projects that built the practice's clinical operating model, including onboarding, lab ordering and tracking, virtual visits, and follow-up.
- Co-designed the practice's membership enrollment, Zoom orientation, and structured intake (2016 onward), which enabled a rapid move to virtual care during COVID-19.
- Led the evaluation and migration from HelloHealth to Elation EHR, including clinical templates and coordination of outside lab data, and championed early adoption of Hint Health.
- Developed the practice's protocol and decision-support guides, onboarding materials, FAQs, and internal workflows.
- Led development and scaling of a private-label supplement line of 25 formulations, generating about **$360,000 a year**; owned pricing and demand forecasting, set inventory reorder levels, and worked with 3 manufacturers.
- Led three twice-monthly practitioner mentorship cohorts for MDs, DOs, and NPs: case review, test interpretation, templates, and clinic strategy.

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PROFESSIONAL PHILOSOPHY

> *A covered therapy helps no one until it reaches the patient. Precise review, documented reasoning, and the right formulary alternative keep people on the medicines they need.*

EDUCATION AND LICENSURE

ALBANY COLLEGE OF PHARMACY
Bachelor of Science in Pharmacy

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MAPS 2024
Functional and Integrative Care

GENETIC SNPS AND EPIGENETICS
Seeking Health / Dr. Ben Lynch
2017 - 2018
StrateGene report presentation

PLATFORMS AND TOOLS

PDX pharmacy system, Lexidrug, UpToDate, Clinical Pharmacology, Natural Medicines, PubMed, Elation EHR, Hint Health, Excel (pivot tables), Microsoft Office, Google Workspace, Claude, ChatGPT, Perplexity, and Copilot

CLINICAL REVIEW

Drug-Drug Interactions
Drug-Supplement Interactions
Lab Monitoring
Telephone Consultation

WORK PREFERENCES

Full-time preferred
Open to contract-to-hire

Professional Experience

CONTINUED

TRANSFORMATION ENZYME CORPORATION — 2014 - 2015

Clinical Education and Provider Support Specialist

- Built and delivered a national training program for healthcare professionals, partnering with subject-matter experts to keep materials accurate and usable.
- Supported clinicians with product, protocol, and implementation questions; identified recurring knowledge gaps and developed education to address them.

TARGET PHARMACY — 1998 - 2013 | CHARLOTTE, NC

Supervising Pharmacist (Pharmacy Manager), 1998 - 2000
Pharmacist, 2000 - 2004; District Relief Pharmacist, 2004 - 2008
Staff Pharmacist, 2008 - 2013

- Resolved commercial and Medicaid claim rejections at the point of sale and coordinated prior authorizations with prescribers, reviewing covered alternatives and explaining options to patients.
- Evaluated prescriptions for safety, interactions, and appropriateness in a highly regulated retail pharmacy.
- As pharmacist in charge on manager-off shifts, directed technicians, workflow, staffing, and inventory in a high-volume pharmacy.
- Opened the Stonecrest Target pharmacy as its Pharmacy Manager and led Y2K readiness for its systems, records, and workflows.

WEGMANS FOOD MARKETS — 1994 - 1997

Pharmacy Intern

Selected Speaking and Education

Signature topic: The Interconnected Body - How the gut, immune, nervous, endocrine, and metabolic systems influence one another, and how nutrition, medications, and supplements act across them all

Signature topic: Pediatric Immune Resilience - Healthy cell, healthy gut, healthy child: immune-resilience science in practice

Personalized Lifestyle Medicine Institute - Pediatric Immune Resilience with Drs. Bland and Lustig, 2022

AHEC Gerontology Conference - Integrative pharmacy education, 2019

Transformation Enzyme Therapy Conference - HCP clinical education, 2019

Evolution of Medicine / Functional Forum - Functional medicine education, 2018

U.S. Department of Veterans Affairs - Pediatric Immune Resilience for clinicians

WHAT I BRING TO YOUR TEAM

Fifteen years resolving coverage problems at the pharmacy counter and a decade managing authorizations for complex patients. Your team gets accurate review, complete documentation, and calm, clear calls with prescribers and members.

Deborah M. Burke-Allen, RPh

REGISTERED PHARMACIST | NC LICENSE #14013 (ISSUED UNDER DEBORAH M. ALLEN)

Managed Care and Pharmacy Benefits

PRIOR AUTHORIZATION | PBM | HEALTH PLAN | MEDICAID

Why Deborah Fits Managed Care and PBM Roles

Deborah, a registered pharmacist with 25+ years in pharmacy and healthcare, brings prior authorization experience from both the dispensing pharmacy and the prescriber's office. For 15 years in high-volume practice, she evaluated prescriptions for safety and interactions, resolved Medicaid and commercial claim rejections through formulary alternatives, and coordinated prior authorizations with prescribers. She then spent a decade managing authorizations, medication rejections, and lab claim denials in an integrative practice.

25+ YEARS	15 YEARS	10+ YEARS	ACTIVE RPH
pharmacy and healthcare	pharmacy-side PA and claims	clinical workflow design	NC #14013, under Deborah M. Allen

Typical Responsibilities: How Deborah Delivers

CLINICAL REVIEW AND COVERAGE

Review prior authorization requests against clinical criteria

RELEVANT EXPERIENCE

Coordinated prior authorizations with prescribers at Target, then managed them, with their clinical documentation, from the prescriber's office at Infinite Health; she knows what a complete, approvable request contains.

Recommend formulary alternatives

RELEVANT EXPERIENCE

From the pharmacy side, reviewed covered formulary alternatives with prescribers and explained options to patients so they stayed on therapy.

Handle cases accurately and efficiently

RELEVANT EXPERIENCE

Screened prescriptions for safety, interactions, and appropriateness across 15 years of high-volume retail practice.

DOCUMENTATION, COMMUNICATION, AND OPERATIONS

Document clinical rationale clearly

DIRECT EVIDENCE

Built Elation EHR clinical templates, wrote protocol and decision-support guides, and presented cited, staged plans to the physician for complex cases.

Communicate with prescribers and members

DIRECT EVIDENCE

Counseled patients and worked with prescribers for 15 years at Target; presented to physicians, families, and national audiences.

Improve processes and systems

DIRECT EVIDENCE

Led the HelloHealth-to-Elation EHR migration and Hint Health adoption; co-designed the intake workflows that enabled a rapid move to virtual care.

Make cost-aware, data-informed recommendations

RELEVANT EXPERIENCE

Owned pricing and demand forecasting for a private-label line of about $360,000 a year and resized a product to compete on price.

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MANAGED CARE AND PBM

Common Qualifications: Met and Exceeded

Pharmacy degree and an active pharmacist license	DIRECT EVIDENCE Bachelor of Science in Pharmacy, Albany College of Pharmacy and Health Sciences. Active North Carolina RPh license #14013, issued under Deborah M. Allen.
Pharmacist experience (typically one to three years)	EXCEEDS REQUIREMENT More than 25 years in pharmacy and healthcare against the one to three typically requested, including 15 years of high-volume pharmacy practice.
Working knowledge of Medicaid and commercial coverage	RELEVANT EXPERIENCE Handled Medicaid and commercial claim rejections and prior authorizations from the pharmacy side at Target.
Experience inside a PBM or health plan	QUALIFICATION CONTEXT Brings the other side of the decision: 15 years resolving insurer claim rejections in retail, then a decade managing authorizations at Infinite Health. She knows which documentation gaps delay approval.
Clinical references and new technology	EXCEEDS REQUIREMENT Beyond routine use: led an EHR selection and migration; relies on UpToDate, Lexidrug, Clinical Pharmacology, and PubMed; and verifies all AI output against primary sources.

What Deborah Brings to Your Team

- Fifteen years of pharmacy-side prior authorization, drug utilization review, and Medicaid experience.
- Accurate, consistent clinical review with complete documentation.
- Calm, persuasive telephone communication with prescribers and patients.
- Workflow design that helps a review team move cases faster without sacrificing accuracy.

Career Highlights

6-hour CE program
taught pharmacists across Carolinas districts as a certified patient-counseling trainer

$360K a year
private-label supplement line whose development and scaling she led, owning pricing and demand forecasting

3 cohorts
twice-monthly clinical education for MDs, DOs, and NPs

Experience Chronology

Infinite Health PLLC / Healthy Kids, Happy Moms (2015 - May 2026)
Transformation Enzyme Corporation (2014 - 2015) | Target Pharmacy (1998 - 2013) | Wegmans (1994 - 1997)

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