Deborah M. Burke-Allen

REGISTERED PHARMACIST

CONTACT

LOCATION
Charlotte, North Carolina
Open to remote or hybrid

PHONE
(704) 651-8222

EMAIL
bridgestowellness@icloud.com

LICENSURE

Registered Pharmacist
North Carolina
NC Board of Pharmacy
License #14013
Issued under Deborah M. Allen

AT A GLANCE

25+ yrs	pharmacy and healthcare practice
15 yrs	high-volume pharmacy practice
10+ yrs	clinical content and education
3	MD, DO, and NP mentorship cohorts

ROLE STRENGTHS

CORE EXPERTISE

Evidence-Based Medicine
Literature Review and Synthesis
Drug Information
Drug-Supplement Interactions
Clinical Validation

EXECUTION AND DELIVERY

Medical and Scientific Writing
Claims Substantiation
Clinical Decision Support
LLM Output Verification
HCP and Patient Education

Deborah M. Burke-Allen, RPh | Charlotte, NC | (704) 651-8222 | bridgestowellness@icloud.com
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EVIDENCE-BASED MEDICINE | MEDICAL WRITING | CLINICAL AI

Registered pharmacist with 25+ years in pharmacy and healthcare. Specializes in the interconnected body: how the gut, immune, nervous, endocrine, and metabolic systems influence one another, and how medications, nutrition, and supplements act across them. As a clinical subject-matter expert, critically evaluates and synthesizes the literature, validates drug information and clinical content before use, and translates complex evidence for clinical, business, and lay audiences. Directs Claude and Claude Code through multi-step research, drafting, and document-building workflows, holding every output to a primary-source standard.

HOW I MEET YOUR REQUIREMENTS	
EVIDENCE-BASED MEDICINE (EBM)	PubMed and UpToDate review for complex cases.
MEDICAL WRITING	Protocols, decision-support guides, and patient education.
CLINICAL VALIDATION	Checks every claim against primary sources before use.
MEDICAL EDUCATION	Three MD, DO, and NP cohorts; national HCP training.
HEALTH TECH ADOPTION	Led the Elation EHR migration; championed Hint Health.
GENERATIVE AI	Prototyped an AI lab-trend dashboard; directs Claude Code.

Professional Experience

INFINITE HEALTH PLLC / HEALTHY KIDS, HAPPY MOMS

2015 - MAY 2026 | CHARLOTTE, NC

Integrative Pharmacist, Clinical Education and Healthcare Strategy
Practice Development Lead

- Researched complex cases and presented cited, staged plans; in a pediatric PSC and IBD case co-managed with an academic medical center, the patient's labs continued to improve.
- Led the HelloHealth-to-Elation EHR migration, including the pilot run, scheduling-team training, clinical templates, and outside lab-data integration, and championed early adoption of Hint Health for membership billing.
- Co-designed the practice's membership enrollment, Zoom orientation, and structured intake (2016 onward), which enabled a rapid move to virtual care during COVID-19.
- Developed protocol and decision-support guides, onboarding materials, and education for public, practitioner, and patient audiences, including weekly family roundtables on how the body's systems connect.
- Led three twice-monthly Integrative Pediatrics Practitioner Mentorship cohorts for MDs, DOs, and NPs: case-based clinical reasoning, medication and supplement education, and test interpretation.
- Led development and scaling of a private-label supplement line of 25 formulations that generated about **$360,000 a year**, writing product sheets and DSHEA structure/function claims and giving final label approval.

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PROFESSIONAL PHILOSOPHY

> *Clinical content earns trust the way a clinician does: accurate evidence, clear structure, and honesty about what is known. I write it so a physician can act on it and a family can understand it.*

EDUCATION AND LICENSURE

ALBANY COLLEGE OF PHARMACY
Bachelor of Science in Pharmacy

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MAPS 2024
Functional and Integrative Care

GENETIC SNPS AND EPIGENETICS
Seeking Health / Dr. Ben Lynch
2017 - 2018
StrateGene report presentation

PLATFORMS AND TOOLS

UpToDate, Lexidrug, Natural Medicines, Clinical Pharmacology, PubMed, Cochrane, Google Scholar, Zotero, Claude and Claude Code, ChatGPT, Gemini, Perplexity, Copilot, Elation EHR, Hint Health, Jira, Confluence, Slack, Canva, Microsoft Office, and Google Workspace

WORK SAMPLES

Probiotic Claims Review
Omega-3 Claims Review
Four Science Education Decks

WORK PREFERENCES

Full-time preferred
Open to contract-to-hire

Professional Experience

INFINITE HEALTH (CONTINUED)

- Relayed families' adverse event reports to manufacturers with a signal check.
- Documented a reformulated product's likely loss of efficacy; the manufacturer restored its original formula.

TRANSFORMATION ENZYME CORPORATION — 2014 - 2015

Clinical Education and Provider Support Specialist

- Partnered with subject-matter experts to build and deliver national training that translated enzyme and nutrition science into practical guidance for clinicians.
- Supported clinicians with product, protocol, and implementation questions; identified recurring knowledge gaps and developed education to address them.

TARGET PHARMACY — 1998 - 2013 | CHARLOTTE, NC

Supervising Pharmacist (Pharmacy Manager), 1998 - 2000
Pharmacist, 2000 - 2004; District Relief Pharmacist, 2004 - 2008
Staff Pharmacist, 2008 - 2013

- Evaluated prescriptions for safety, interactions, and appropriateness across 15 years in a high-volume, highly regulated pharmacy.
- Resolved commercial and Medicaid claim rejections at the point of sale and coordinated prior authorizations with prescribers, reviewing covered alternatives and explaining options to patients.
- Opened the Stonecrest Target pharmacy as Pharmacy Manager and taught a 6-hour CE program to pharmacists across Carolinas districts.

WEGMANS FOOD MARKETS — 1994 - 1997

Pharmacy Intern

Selected Speaking and Education

Signature topic: The Interconnected Body - How the gut, immune, nervous, endocrine, and metabolic systems influence one another, and how nutrition, medications, and supplements act across them all

Signature topic: Pediatric Immune Resilience - Healthy cell, healthy gut, healthy child: immune-resilience science in practice

Personalized Lifestyle Medicine Institute - Pediatric Immune Resilience with Drs. Bland and Lustig, 2022

AHEC Gerontology Conference - Integrative pharmacy education, 2019

Transformation Enzyme Therapy Conference - HCP clinical education, 2019

Evolution of Medicine / Functional Forum - Functional medicine education, 2018

U.S. Department of Veterans Affairs - Pediatric Immune Resilience for clinicians

WHAT I BRING TO YOUR TEAM

More than 25 years of clinical judgment, a decade of educating physicians and families, and AI-accelerated drafting checked by a pharmacist. The result: content precise enough for clinicians and clear enough for every patient.