Deborah M. Burke-Allen

REGISTERED PHARMACIST

CONTACT

LOCATION
Charlotte, North Carolina
Open to remote or hybrid

PHONE
(704) 651-8222

EMAIL
bridgestowellness@icloud.com

LICENSURE

Registered Pharmacist
North Carolina
NC Board of Pharmacy
License #14013
Issued under Deborah M. Allen

AT A GLANCE

~$360K	annual private-label supplement line
25	private-label formulations
10+ yrs	supplement science and education
25+ yrs	pharmacy and healthcare

ROLE STRENGTHS

CORE EXPERTISE

Nutritional Biochemistry
Interconnected Body Systems
Microbiome and Lab Analysis
Formula Review and COAs
Drug-Nutrient Safety

EXECUTION AND DELIVERY

DSHEA Claim and Label Review
Adverse Event Intake
Claims Substantiation
Private-Label Product Development
Scientific Content Accuracy
Practitioner (HCP) Education
AI-Assisted, Verified Content

Deborah M. Burke-Allen, RPh | Charlotte, NC | (704) 651-8222 | bridgestowellness@icloud.com
linkedin.com/in/integrativepediatricpharmacist | deborahburkeallen.github.io

SUPPLEMENT SCIENCE | LABELS AND CLAIMS | LAB INTERPRETATION

Functional-medicine pharmacist with 25+ years in pharmacy and healthcare. Specializes in the interconnected body: how the gut, immune, nervous, endocrine, and metabolic systems influence one another, and how medications, nutrition, and supplements act across them. Owned an integrative practice's private-label line of 25 formulations, from formula vetting, sourcing, and Certificate of Analysis (COA) review to DSHEA structure/function claims and final label approval. Interprets functional and conventional labs together, grounded in nutritional biochemistry and drug-nutrient safety.

HOW I MEET YOUR REQUIREMENTS	
PRIVATE LABEL	Led a 25-formulation line of about $360,000 a year.
QUALITY AND SOURCING	Batch COAs, stability data, lot records, source vetting.
CLAIMS AND LABELING	DSHEA claims, final label approval, and evidence grading.
LAB INTERPRETATION	Stool, organic acids, nutrigenomic, and conventional labs.
DRUG-NUTRIENT SAFETY	Checked supplement plans for drug-nutrient interactions.
HCP EDUCATION	Three MD, DO, and NP practitioner mentorship cohorts.

Professional Experience

INFINITE HEALTH PLLC / HEALTHY KIDS, HAPPY MOMS

2015 - MAY 2026 | CHARLOTTE, NC

Integrative Pharmacist, Clinical Education and Healthcare Strategy
Practice Development Lead

- Built the practice's clinical systems and full education program for public, practitioner, and patient audiences, from blog posts to care plans.
- Integrated GI-MAP, Doctor's Data, and Genova stool analyses, organic acids, and conventional labs read against optimal ranges into one clinical picture.
- As the practice's primary evidence, formulation, and product-research lead, introduced Emerson Ecologics fulfillment, moved to in-office inventory, then led development and scaling of a private-label line of about **$360,000 a year**.
- Selected and vetted manufacturers' formulas for minimal excipients, absorbability, and purity; owned Supplement Facts, pricing, and forecasting.
- Kept lot records and reviewed batch COAs and stability data from 3 manufacturers; during a six-month probiotic backorder, identified and vetted alternate sources by specifications and COAs, including at SupplySide East.
- Relayed families' adverse event reports to manufacturers with a signal check.
- Documented a reformulated product's likely loss of efficacy; the manufacturer restored its original formula.
- Wrote the private-label aloe product page with DSHEA structure/function claims and the FDA disclaimer, plus product information sheets for Digest, Kidz Digest, Plantadophilus, Omega-3, and PPC.

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PROFESSIONAL PHILOSOPHY

> *Health is written in biochemistry. When the body is nourished at the cellular level, its systems communicate in synergy. I translate that science into guidance people trust and choices they make every day.*

EDUCATION AND LICENSURE

ALBANY COLLEGE OF PHARMACY
Bachelor of Science in Pharmacy

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MAPS 2024
Functional and Integrative Care

GENETIC SNPS AND EPIGENETICS
Seeking Health / Dr. Ben Lynch
2017 - 2018
StrateGene report presentation

PLATFORMS AND TOOLS

Natural Medicines, UpToDate, Lexidrug, Clinical Pharmacology, PubMed, Cochrane, Zotero; Genova, Doctor's Data, Diagnostic Solutions (GI-MAP), Quest, and Labcorp portals; Hint Health, Shopify, ActiveCampaign, Canva, Elation EHR; Claude and Claude Code, ChatGPT, Perplexity, Gemini, Copilot; Microsoft Office and Google Workspace

WORK PREFERENCES

Full-time preferred
Open to contract-to-hire

Professional Experience

INFINITE HEALTH (CONTINUED)

- Led weekly family roundtables and answered nutrition and supplement questions in a private Slack community and on Facebook and Instagram.
- Led three twice-monthly Integrative Pediatrics Practitioner Mentorship cohorts for MDs, DOs, and NPs on case studies, supplements, medications, and labs.

TRANSFORMATION ENZYME CORPORATION — 2014 - 2015

Clinical Education and Provider Support Specialist

- Studied enzyme formulation science under Dr. DicQie Fuller; built national clinician training and explained California Proposition 65 to practitioners.

TARGET PHARMACY — 1998 - 2013 | CHARLOTTE, NC

Supervising Pharmacist (Pharmacy Manager), 1998 - 2000
Pharmacist, 2000 - 2004; District Relief Pharmacist, 2004 - 2008
Staff Pharmacist, 2008 - 2013

- Opened the Stonecrest pharmacy as Pharmacy Manager and, as a certified patient-counseling trainer, taught a 6-hour CE program across Carolinas districts.
- As pharmacist in charge on manager-off shifts, directed technicians, workflow, and inventory, and cross-trained staff to absorb prescription surges.
- Counseled patients and evaluated prescriptions for safety, interactions, and appropriateness in a high-volume, highly regulated pharmacy.

WEGMANS FOOD MARKETS — 1994 - 1997

Pharmacy Intern

Selected Projects and Speaking

Claims reviews, 2026 - Re-reviewed, to a label standard, two product sheets I wrote for the practice: 299v probiotic (of 16 claims, 7 removed, 8 rewritten, 1 kept) and omega-3 (4 removed, 6 rewritten, 3 kept), adding the FDA disclaimer to both

Signature topic: The Interconnected Body - How the gut, immune, nervous, endocrine, and metabolic systems influence one another, and how nutrition, medications, and supplements act across them all

Signature topic: Pediatric Immune Resilience - Healthy cell, healthy gut, healthy child: immune-resilience science in practice

Personalized Lifestyle Medicine Institute - Pediatric Immune Resilience with Drs. Bland and Lustig, 2022

AHEC Gerontology Conference - Integrative pharmacy education, 2019

Evolution of Medicine / Functional Forum - Functional medicine education, 2018

U.S. Department of Veterans Affairs - Pediatric Immune Resilience for clinicians

WHAT I BRING TO YOUR TEAM

A decade of supplement science backed by 25+ years of pharmacist judgment: formulas vetted, claims graded against the evidence, labels approved, and science translated for practitioners and customers.